

RESPIRATORY INFECTION ETIQUETTE

ATTENTION!

ATTENTION! VISITORS, please inform a staff member if you have signs or symptoms of any respiratory infection. In addition, please adhere to the following:

Cover:

- Use a tissue or the crook of the elbow during a cough or a sneeze.
- Despite covering during coughs and sneezes, sit at least 3 feet away from other people.
- Dispose of used tissues or wash unclean clothing as soon as possible.

Wash:

Wash all objects and clothing that could have been contaminated with the associated respiratory infection.

- Wash hands by performing effective hand hygiene:
 - Wash with warm water and soap
 - OR use an alcohol based hand sanitizer
 - OR use an antiseptic hand wash

Wear:

Wear a mask to minimize the distance that secretions may travel. Wear a mask as much as possible and not just during a cough or sneeze. Dispose of the mask after use.

Alert:

Alert a staff member if you have signs or symptoms of any respiratory infection. Suggest adhering to certain precautions from the Standard Precautions (i.e. Droplet Precautions, Contact Precautions, Airborne Precautions, etc.)

