

# Clean Daycares for Healthy Kids



## Clean Toys

- Clean non-absorbent toys with soapy water, then rinse with clear water
- Wipe dry with disposable paper towels
- Sanitize by applying a chlorine bleach solution
- Air dry

1  
TABLESPOON  
BLEACH



+

1  
GALLON  
CLEAR  
WATER



## Clean Hands

Wash hands carefully and frequently with soapy water, especially:

- After going to the bathroom
- After changing diapers or cleaning body fluids
- Before preparing foods or beverages

Wash hands for as long as it takes to hum the "Happy Birthday" song twice.

Dry hands thoroughly using disposable paper towels.



**\*Make bleach solutions fresh daily; keep out of reach of children; never mix bleach solution with other cleaners.**



[www.co.somerset.nj.us/health](http://www.co.somerset.nj.us/health)



[www.waterandhealth.org](http://www.waterandhealth.org)



[www.americanchemistry.com](http://www.americanchemistry.com)

[www.disinfect-for-health.org](http://www.disinfect-for-health.org)